



# New Vitae

## WELLNESS AND RECOVERY

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New Vitae Wellness and Recovery provides a comprehensive continuum of residential and outpatient behavioral health/addiction services to adults, including those with brain injuries.

Our integrated model provides continuity of care to our residents and clients and other supports.

[www.NewVitaeWellness.com](http://www.NewVitaeWellness.com)

## OUR VISION

- P**romoting belonging
- E**mbracing diversity
- A**dvancing potential
- C**elebrating hope
- E**mphasizing self respect

### If you are interested in:

- More information
- A face-to-face interview
- Scheduling a tour
- Making a referral
- A presentation at your site

Contact us at 610-928-0173.

Residential rates are based on room preference and level of services needed. Most often, the person's income will need to be supplemented to meet the cost of providing residential services.

Clinical services fees may be covered by private insurance, Medicare or Medicaid.

*New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.*

## RESIDENTIAL SERVICES

- Full array of sites, from personal care home to apartment, rural to community-based
- Safe, supervised environment
- Nursing and wellness oversight
- Medication administration assistance
- Integrated health care
- Care coordination
- Individual/small group mentoring
- In-house and community activities, including complimentary YMCA membership
- Cultural/spiritual awareness
- Pre-vocational/vocational assistance
- Educational tutoring

## ACTION RECOVERY: BRAIN INJURY SERVICES

Supportive services for those who have experienced brain injuries, including specialized medical and residential services.



## MOUNT TREXLER MANOR

Licensed Personal Care Home located in Lehigh County, Pennsylvania. A rural setting on 30 pastoral acres that encourages outdoor activities.



## BEHAVIORAL HEALTH RECOVERY SERVICES OFFERED FOR:

- Adults in recovery, families, and supporters
- Young Adults, ages 18 to 25
- Veterans
- LGBTQ+ and supporters
- Individuals with co-occurring diagnoses
- Adults with brain injuries
- Individuals with addictions or substance use disorders

## YOUNG ADULT SERVICES

Blended residential and clinical service for ages 18 to 25 with an emphasis on education, job skills, and developing independent living skills.

## QUAKERTOWN HOUSE

Licensed Personal Care Home in Bucks County, Pennsylvania. A small town setting with access to many community resources.



# NEW VITAE WELLNESS AND RECOVERY CENTER



- Licensed partial hospitalization program and psychiatric outpatient clinic, accredited by The Joint Commission
- Person-first, recovery-oriented, trauma informed care
- Crisis intervention
- 24/7 access to attending medical professionals
- Medication management, including MAT
- Flexible appointments
- Individual and group therapy
- Use of evidence-based practices including motivational interviewing, stages of change, CBT
- Certified addictions counseling
- Licensed dietician
- Certified peer services
- Creative arts
- deep Transcranial Magnetic Stimulation

## VETERAN SERVICES

Comprehensive behavioral health and addiction services.

Supportive residential opportunities to Veterans who experience challenges with recovery goals.



## PATHWAYS

Independent living in a 24/7 supervised or supported apartment setting.



# OUR MISSION

*Serving communities by promoting hope, health and wellness.*

We are dedicated to:

- Providing a holistic, person-centered, strength-based and trauma-informed array of services that support individuals' rights to meaningful and fulfilling lives in the community.
- Creating a safe environment that promotes hope, growth, self-esteem and the development of supportive relationships.
- Striving to increase community acceptance by breaking down barriers and stigma, expanding opportunities and integrating individuals into everyday life.



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