

RESIDENTIAL TREATMENT FACILITIES FOR ADULTS



New Vitae Wellness and Recovery is pleased to offer trauma-informed, recovery-based behavioral health treatment options for the Philadelphia community. Designed in conjunction with the City of Philadelphia's Department of Behavioral Health, Community Behavioral Health, and the Beck Institute, residents at New Vitae's Philadelphia sites access dynamic and evidenced-based treatment options using a lens of Recovery Oriented Cognitive Therapy (CT-R).

Grounded in the premise that recovery is possible for everyone, CT-R is a strengths-based approach that focuses on activating adaptive modes of living, developing meaningful aspirations, and engaging in personally meaningful activities to bring about one's desired life.

New Vitae's services offer:

- Access to a multidisciplinary treatment team that includes psychiatrists, therapists, certified peer specialists, mentors, nurses and other behavioral health experts.
- Access to a 24/7 Nursing team that includes medication administration.
- Modeling and support to develop independent living skills.
- Wellness support, including diet, exercise, nutrition and education related to medical conditions. The Wellness team helps each individual focus on using healthy ways to manage health conditions in order to feel better and do better.
- Community integration and partnership via use of local resources to learn skills in real world settings.
- Safe and healthy socialization with peers.

Our Joint Commission accredited services are driven by the principles of The Recovery Model and assist residents to achieve a personalized vision of recovery.

To learn more about these services, please contact:

Robert Dromboski, Psychologist:

rdromboski@newvitaewellness.com 267-882-8406

Jennifer Nickels, Administrator

jnickels@newvitaewellness.com 267-474-1772



New Vitae

WELLNESS AND RECOVERY

5201 St. Joseph's Road
PO Box 1001
Limeport, PA 18060

Phone: 610-928-0173

Fax: 610-928-0174

info@newvitaewellness.com

www.newvitaewellness.com

New Vitae...Your New Life

New Vitae Wellness and Recovery offers seamless integration of clinical and residential services for adults that includes:

- **Strength-based** and **trauma-informed care**
- **Neurocognitive Rehabilitation Services**
- **Residential Treatment for Adults**, enhanced Personal Care Homes, and apartments with varying levels of supervision
- **Intensive Outpatient Services** to assist those with **alcohol** or **other drug challenges**
- **Partial Hospitalization Program** supports for more intensive services
- **Outpatient services**, including medication management, individual therapy, and group therapies
- **Deep Transcranial Magnetic Stimulation (dTMS)** and **Cranial Electrotherapy Stimulation (CES)** services
- **Mobile Psychiatric Rehabilitation Services**
- **Certified Peer Specialists**
- Clinical expertise to serve **veterans, young adults** aged 18 to 25, the **LGBTQIA+** community, and those with long-term diagnoses (e.g. **Co-occurring** disorders, **Brain Injury, Intellectual Disabilities**, and **Autism** and related disorders)

New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.