



ACTION RECOVERY Admission, Transfer and Discharge Criteria

RESIDENTIAL HABILITATION

New Vitae-Action Recovery, Mount Trexler Manor

New Vitae-Action Recovery Residential Habilitation at Mount Trexler Manor provides community residential services to individuals; each group living environment has the capacity for up to 8 individuals with designated facilities (kitchen, bathroom, treatment areas, recreation areas, etc.) specifically designed for the exclusive use of Action Recovery members. Services are provided seven days a week and may include support and supervision 24-hours a day, or for more independent members, provide intermittent supervision and support. Action Recovery members may be referred for behavioral therapy, substance abuse treatment, physical therapy, occupational therapy, speech therapy, accessed through New Vitae providers or by referral to outside providers. Such services will be paid via the program members' medical insurance company, covered by waiver program funds, or paid privately by the member or his/her fiduciary.

Admission Criteria: Action Recovery-Mount Trexler Manor

- Primary diagnosis of acquired brain injury; other neurological/developmental diagnoses may be considered on a case-by-case basis.
- Minimum Age: 18 years
- Requires a structured program and may require 24/7 or intermittent supervision
- May require minimum – moderate assistance with Activities of Daily Living. Individuals who require maximum assist in one or more areas will be evaluated on a case-by-case basis to assess the program's ability to provide appropriate accommodations.
- Not actively engaged in substance use/abuse. If substance use is assessed to be problematic for the individual, the member must be willing to abide by the drug/alcohol-free program standards and, if needed, agreeable to participate in recommended treatment to address the substance use concerns.
- Medically stable and does not consistently require daily nursing care, such as ventilator support or tracheostomy care.
- Additional admission criteria notes:
 - Individuals with multiple and/or medically-complex diagnoses will be evaluated on a case-by-case basis to assess Action Recovery's ability to support the related needs.



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New Vitae-Action Recovery, Mount Trexler Manor (continued)

- Additional admission criteria notes (cont):
 - Spinal cord injuries can only be a secondary diagnosis; the specific etiology, injury level, completeness and co-morbidities of the SCI will be determined during the intake evaluation process along with the individual's ability to meet the program's admission criteria.
 - Members who are actively suicidal, homicidal, have a history of chronic elopements, have a history of setting fires, a known history of sexual predatory or pedophile behaviors, or have been charged/convicted of perpetrating a violent crime may not suited to this setting, or may require an enhanced supervision plan.

New Vitae-Action Recovery does not deny admission to any individual because of his/her race, religion or creed, disability, ancestry, national origin, age, limited English proficiency, sexual orientation or identity or any other characteristic protected by law. Financial approval for services must be confirmed prior to admission.

Discharge/Transition Criteria: Action Recovery-Mount Trexler Manor

New Vitae-Action Recovery at Mount Trexler Manor can be a long term living option for members who continue to require ongoing services and support to maintain their level of functioning and independence. Program members may demonstrate, over time, the ability to move along the continuum and live in a more independent setting. Alternatively, members who demonstrate an inability to be maintained safely within the program and community will be referred to a more structured and supervised setting. Member readiness for discharge or transition is based on the demonstration of skills necessary for greater independence and who no longer require the level of support and supervision provided by the current program. Members may discharge to home or an independent apartment and access outpatient services to support carryover of strategies or may transition to a more independent program within the New Vitae-Action Recovery continuum. In addition, discharge or transfer will be considered in the ongoing planning process when the program member no longer meets admission criteria defined above.



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New Vitae-Action Recovery, Pathways Apartments

For the apartment settings, program members of New Vitae-Action Recovery must show competence in completing activities of daily living. Competence does not necessarily mean independent completion of the activity, but rather the willingness to accept feedback and/or support to complete the task. The member must be willing to allow staff access into his/her apartment and participate in his/her program. The member should be able to demonstrate an awareness of safety principles in case of fire or danger. In the apartment programs, members must be able to recognize situations that require routine judgment and problem solving, and contact staff for assistance when needed.

Admission Criteria: Action Recovery-Pathways Apartments

- Primary diagnosis of brain injury; other neurologic diagnosis may be considered on a case-by-case basis.
- Minimum Age: 18 years
- Requires a structured program with intermittent supervision (or 1:1 aide to increase access to the activities of the program).
- May require minimum assistance with Activities of Daily Living. Individuals who require moderate-maximum assist in one or more areas will be evaluated on a case-by-case basis to assess the program's ability to provide appropriate accommodations in this setting.
- Must generally demonstrate behaviors that are reasonably consistent with community/neighborhood living. Members who are actively suicidal, homicidal, have history of chronic elopements, have a history of setting fires, a known history of sexual predatory or pedophile behaviors, or have been charged/convicted of perpetrating a violent crime may not be suited to this setting.
- Not actively engaged in substance use/abuse. If substance use is assessed to be problematic for the individual, the member must be willing to abide by the drug/alcohol-free program standards and, if needed, agreeable to participate in recommended treatment to address the substance use concerns.
- Medically stable and does not consistently require daily nursing care, such as ventilator support or tracheostomy care.



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New Vitae-Action Recovery-Pathways Apartments (cont.)

- Additional admission criteria notes:
 - Members who have mobility challenges will be accommodated in their apartment setting.
 - Individuals with multiple and/or medically-complex diagnoses will be evaluated on a case-by-case basis to assess Action Recovery's ability to support the related needs.
 - Spinal cord injuries can only be a secondary diagnosis; the specific etiology, injury level, completeness and co-morbidities of the SCI will be determined during the intake evaluation process along with the individual's ability to meet the program's admission criteria.
 - Members who are actively suicidal, homicidal, have a history of chronic elopements, have a history of setting fires, a known history of sexual predatory or pedophile behaviors, or have been charged/convicted of perpetrating a violent crime may not be suited to this setting, or may require an enhanced supervision plan.

New Vitae-Action Recovery does not deny admission to any individual because of his/her race, religion or creed, disability, ancestry, national origin, age, limited English proficiency, sexual orientation or identity or any other characteristic protected by law. Financial approval for services must be confirmed prior to admission.

Discharge/Transition Criteria: Action Recovery-Pathways Apartments

New Vitae-Action Recovery's Residential Habilitation Program can be a long term living option for members who continue to require ongoing services and intervention to maintain their level of functioning and independence. Members may demonstrate, over time, the ability to move along the continuum and live in a more independent setting. Alternatively, members who demonstrate an inability to be maintained safely within the program and community will be referred to a more structured and supervised setting. Member readiness for discharge or transition is based on the demonstration of skills necessary for greater independence and who no longer require the level of support and supervision provided by the current program. Members may discharge to home or an independent apartment and



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access outpatient services to support carryover of strategies. In addition, discharge or transfer will be considered in the ongoing planning process when the program member no longer meets admission criteria defined above.

NEURO-COGNITIVE STRUCTURED DAY HABILITATION

New Vitae-Action Recovery, Neuro-cognitive Structured Day Program

The Neuro-Cog Structured Day Habilitation Program (NCSH) is intended to afford individuals diagnosed with acquired brain injury or neurological disorder the opportunity to engage in meaningful life activities and enhance/nurture their self-esteem.

The program will also encourage peer support by identifying the strengths, knowledge and talents of members to share with other members of the program. The NCSH provides support in all participants' activities –both on site and in the community--with the goal of increasing social and communicative skills. The service is available weekdays for up to 8 hours/day, and members' preferences for alternative activities is accommodated.

Admission Criteria: Action Recovery-Neuro-cognitive Structured Day Program

- Primary diagnosis of brain injury; other neurologic diagnosis may be considered on a case by case basis.
- Minimum Age: 18 years
- Requires a structured program and may require 1:1 (enhanced) supervision and support while participating.
- May require minimum – moderate assistance with Activities of Daily Living. Individuals who require max assist in one or more areas will be evaluated on a case-by-case basis to assess the program's ability to provide appropriate accommodations.
- Not actively engaged in substance use/abuse. If substance use is assessed to be problematic for the individual, the member must be willing to abide by the drug/alcohol-free program standards and, if needed, agreeable to participate in recommended treatment to address the substance use concerns.



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New Vitae-Action Recovery, Neuro-cognitive Structured Day Program (cont.)

- Medically stable and does not consistently require daily nursing care, such as ventilator support.
- Additional admission criteria notes:
 - Individuals with multiple and/or medically-complex diagnoses will be evaluated on a case-by-case basis to assess Action Recovery's ability to support the related needs.
 - Spinal cord injuries can only be a secondary diagnosis; the specific etiology, injury level, completeness and co-morbidities of the SCI will be determined during the intake evaluation process along with the individual's ability to meet the program's admission criteria.
 - Members who are actively suicidal, homicidal, have a history of chronic elopements, have a history of setting fires, a known history of sexual predatory or pedophile behaviors, or have been charged/convicted of perpetrating a violent crime may not be suited to this setting, or may require an enhanced supervision plan.

New Vitae-Action Recovery does not deny admission to any individual because of his/her race, religion or creed, disability, ancestry, national origin, age, limited English proficiency, sexual orientation or identity or any other characteristic protected by law. Financial approval for services must be confirmed prior to admission.

Discharge/Transition Criteria: Action Recovery-Neuro-Cognitive Structured Day Program

New Vitae-Action Recovery can be a long-term support option for members who continue to require ongoing services and support to maintain their level of functioning and independence. Member readiness for discharge or transition is based on the demonstration of skills necessary for greater independence and who no longer require the level of support and supervision provided by the current program. Members may discharge to a lower level of care to support carryover of strategies. In addition, discharge or transfer will be considered in the ongoing planning process when the program member no longer meets admission criteria defined above.