

# Serving communities by promoting hope, health and wellness.



New Vitae Wellness and Recovery provides a comprehensive continuum of residential and outpatient behavioral health services to adults over 18. Our integrated model provides continuity of care to those we serve including families and allies.

#### www.NewVitaeWellness.com

## **OUR VISION**

P romoting belonging
E mbracing diversity
A dvancing potential
C elebrating hope
E mphasizing self respect

For more information or to schedule an on-site tour, please call 610-965-9021 or email info@newvitaewellness.com.



Residential rates are based on room preference and level of services needed. Most often, the person's income will need to be supplemented to meet the cost of providing residential services.

Clinical services fees may be covered by private insurance, Medicare or Medicaid.

New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.

# **RESIDENTIAL SERVICES**

- Full array of sites, from personal care home to apartment, rural to community-based
- Safe, supervised environment
- Nursing and wellness oversight
- Medication administration assistance
- Visiting medical professionals
- Care coordination
- Individual/small group mentoring
- In-house and community activities, including YMCA membership
- Cultural/spiritual awareness
- Pre-vocational/vocational assistance
- Educational tutoring

#### MOUNT TREXLER MANOR

Licensed Personal Care Home located in Lehigh County, Pennsylvania in a rural setting on 30 wooded acres.



## BEHAVIORAL HEALTH RECOVERY SERVICES PROVIDED TO:

- Persons in recovery
- Young adults ages 18 to 25
- Veterans
- LGBTQIA
- Individuals experiencing secondary addiction and intellectual disabilities
- Those who have not engaged in or responded to traditional services

# YOUNG ADULT SERVICE

Blended residential and clinical service for ages 18 to 25 with an emphasis on education, job skills, and developing independent living skills.

## **QUAKERTOWN HOUSE**

Licensed Personal Care Home in Bucks County, Pennsylvania. A small town setting with access to many community resources.

# NEW VITAE MENTAL HEALTH CENTER



- Licensed partial hospitalization program and psychiatric outpatient clinic, accredited by The Joint Commission
- Person-first, recovery-oriented, trauma informed care
- Crisis intervention
- 24/7 access to attending medical professionals
- Medication management
- Flexible appointments
- Individual and group therapy
- Use of evidence-based practices including motivational interviewing, stages of change, CBT, DBT
- Certified addictions and pastoral counseling
- Licensed dietician
- Certified peer specialist
- Creative arts

# PATHWAYS

Independent living in a supervised or supported apartment setting.



# **OUR MISSION**

To build a holistic, person-centered, strength-based and trauma-informed array of services that support individuals' rights to meaningful and fulfilling lives in the community.

To create a safe environment which promotes hope, growth, self esteem and development of supportive relationships.

To increase community acceptance by breaking down barriers and stigma, expanding opportunities and integrating individuals into everyday life.



5201 St. Joseph's Road PO Box 1001 Limeport, PA 18060

Phone: 610-965-9021 Fax: 610-967-0451

info@newvitaewellness.com

www.newvitaewellness.com