DEEP TRANSCRANIAL MAGNETIC STIMULATION (TMS)

While psychopharmacology can assist many people with managing behavioral health concerns, some individuals experience significant depressive symptoms that do not subside with the use of medications. Deep Transcranial Magnetic Stimulation (TMS) may assist those individuals with experiencing long-term, substantial relief from depression. New Vitae Wellness and Recovery can provide Deep TMS services in the comfortable setting of our Quakertown-based Recovery Center.

• Services begin with a full assessment that includes collecting one’s history of depressive symptoms and patterns of antidepressant use. If the individual is considered a good candidate for Deep TMS, referrals and service provision can all be scheduled in the same location.

• The Deep TMS procedure typically requires 20 minute sessions five days a week for a period of 4 to 6 weeks at the Recovery Center. Immediately following the non-invasive procedure, participants can carry out their usual activities. Individuals are awake and alert during treatment sessions.

• Deep TMS treatment is safe, effective, and clinically proven to help those diagnosed with Major Depression. Studies have shown that Deep TMS can reduce the experience of depressive symptoms for those who have not found significant symptom relief from other treatment options.

• Deep TMS uses magnetic pulses to stimulate brain structures responsible for depression.

• Concurrent and follow up treatment can include additional outpatient behavioral health services if desired.
New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.

The hallmark of the services provided by New Vitae Wellness and Recovery is the seamless integration of clinical and residential services that promotes personal progress.

New Vitae Wellness and Recovery offers:

• Strengths-based and trauma-informed planning to provide evidence-based modalities designed to best meet individual needs.

• Clinical expertise to treat targeted populations, including veterans, transition-aged young adults, LGBTQI, those with a forensic history, and individuals with long-term diagnoses, including those on the autism spectrum, co-occurring disorders, and brain injury.

• A range of practitioners, including psychiatrists, who form a multi-disciplinary, supportive team to assist with achieving personal wellness.

• Outpatient behavioral health services including individual, family and group therapies.

• Deep Transcranial Magnetic Stimulation, for those seeking non-pharmaceutical relief from long-term depressive symptoms.

• Intensive Outpatient Program (IOP) services with three support tracks: behavioral health, alcohol and other drugs, and co-occurring (behavioral health and addiction).

• Partial Hospitalization Program for times when more intensive services best support the individual.

• Traditional or Enhanced Mobile Psychiatric Rehabilitation Services that can be engaged in a variety of settings, including at home, at work, or at school.

• Certified peer specialists to guide recovery supports using first-person experiences.

• Residential options that include: Residential Treatment for Adults, enhanced Personal Care Homes, and apartments with varying levels of supervision.

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