



Action Recovery

Residential Habilitation Services

Neurocognitive Structured Day Habilitation Services

2019 Data and Outcomes

Who We Are

The mission of New Vitae Wellness and Recovery's Action Recovery Services is to promote hope, health and wellness for individuals affected by brain injury and other neurological impairment. We accomplish this through a supportive, multi-disciplinary team that work together to provide integrated rehabilitation services, with specialization and experience in assisting those who require supports related to behavioral health challenges and/or addiction, and who have had difficulty finding stable living arrangements and services through other providers. Services ensure a unified model focusing on physical and behavioral health. Coordination of specialists, including a licensed nutritionist, occupational/speech/ physical therapists, and medical physicians offer options to promote holistic health.



Who We Serve...by the numbers

New Vitae Action Recovery served a total of **21** individuals during 2019 with two 8-person residences and four apartments available for individuals seeking residential supports. **22** individuals were provided service through the Neurocognitive Structured Day Habilitation Services.



Average length of stay: **26 months** (this length of stay is consistently growing as the program matures and individuals choose to make Action Recovery their life-long home.)

75% male/**25%** female

60% are below age 40, with **5%** age 60+

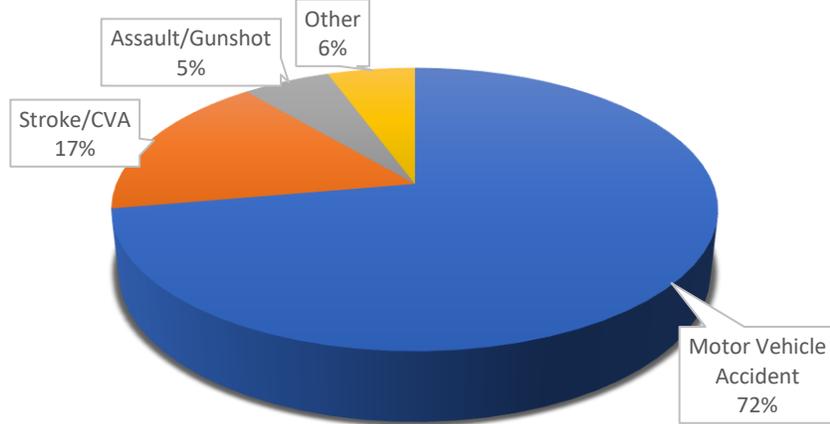
85% Caucasian/**15%** African American

65% are able to ambulate independently/without assistive device or wheelchair

80% have a co-occurring behavioral health or addictions diagnosis, with **47%** of our individuals experiencing a serious and persistent diagnosis such as a psychotic disorder or Bipolar Disorder. Ready access to the organizations' array of behavioral health service allows ready access to competent and experienced behavioral health professionals and treatments.

Action Recovery works with a significant number of individuals who sustained their head injury from motor vehicle accidents; stroke is the second most frequent cause of brain injury in our population.

2019 Etiology of Acquired Brain Injury



Outcomes

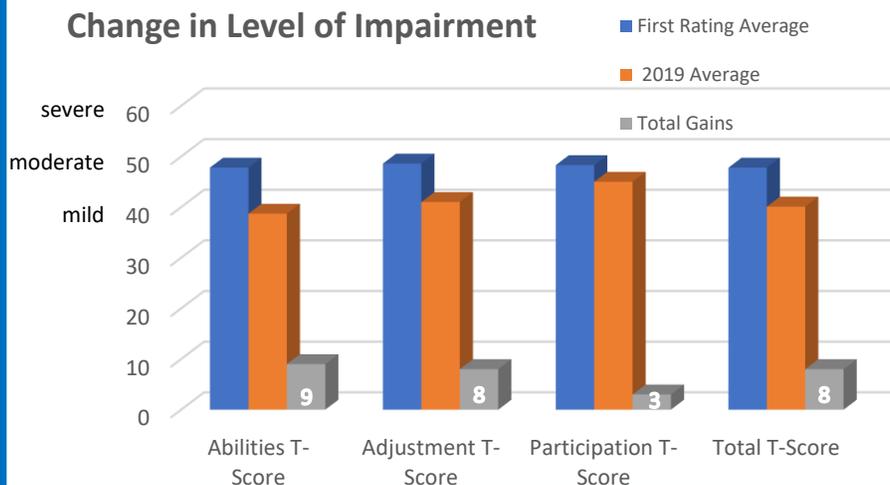
Functional Improvements: To monitor and assure quality of care, Action Recovery measures and tracks functional levels for each program member using the Mayo-Portland Adaptability Inventory (MPAI-4), an evidence-based assessment tool commonly used in the field of brain injury as an evaluation of rehabilitation programs. The MAPI-4 measures the level of functional impairment in three major categories: Ability, Adjustment, and Participation for individuals with a diagnosis of brain injury:

Ability Index measures sensory, motor, and cognitive abilities

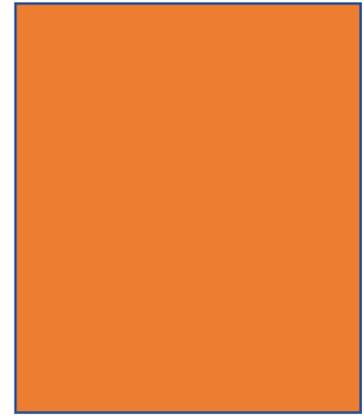
Adjustment Index measures mood, interpersonal interactions, family interactions

Participation Index measures social contacts, initiation, money management, life skills

Change in Level of Impairment

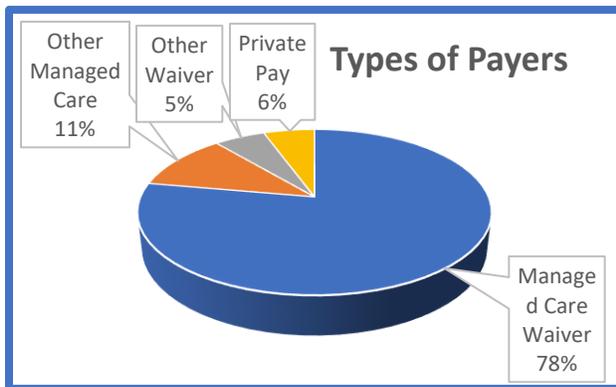
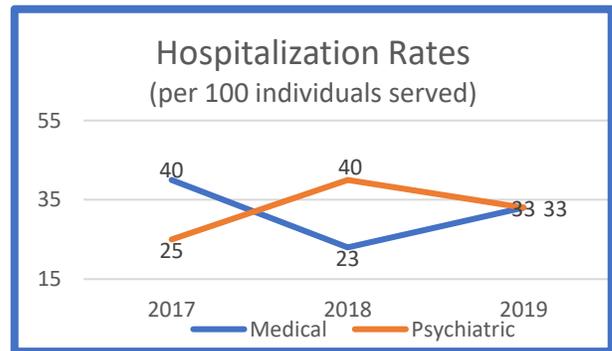


Functional improvements are seen in all three domains, with the most significant gains found in the Abilities domain.



Hospitalization Rates:

Individuals with brain injury often see significant co-occurring medical issues as a direct result of their injury as well as due to complications related to diminished level of function (example falls, skin breakdown and respiratory issues related to decreased mobility, injuries sustained secondary to impulsivity or other behaviors, etc.). Rates of hospitalization are tracked by Action Recovery to ensure we are providing the support needed to maintain health and wellness.



Payer Types:

Currently, over three quarters of individuals use Medicaid waiver funds for payment for services. Action Recovery also accepts payment via Worker's Compensation, Department of Veterans Affairs Community Care Network, single-case agreements with other insurers, and private payment arrangements.



Program Member/Family/Other Stakeholder Satisfaction: To further assess the quality of our services, each year, we ask program members to provide us with feedback regarding services.

95%

Right now, I'm headed in the right direction with my life.

"Easy access to staff members."

100%

Staff help my family member work toward the goals in which he/she is interested.

97%

I recommend Action Recovery for brain injury services

89%

I'm involved with the community as much as I would like.




New Vitae
WELLNESS AND RECOVERY
Action Recovery

5201 St. Joseph's Road
Limeport, PA 18060
610.928.0173

"I am always well informed about my sister's well-being and she has made significant progress since she started the program. It is of a great benefit to her."